

# Your General Anaesthetic



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Because you are having an operation, you will need an anaesthetic.



A general anaesthetic makes you sleep during your operation so that you cannot feel anything or remember anything.

## On the day of your operation



The hospital will tell you not to eat or drink before the operation.  
No gum or sweets.



If you smoke, you should not smoke before your operation.  
This will make your anaesthetic safer.



You will be seen by the anaesthetist (doctor). They are the doctors that will give you your anaesthetic and look after you while you are asleep.



Your doctor may ask you some questions to help them look after you during the operation.



When you come to hospital make sure you bring your medicines with you.



If you know of any medicine that makes you ill tell the doctor.



After the operation you may feel sore. The doctor will talk to you about the medicines they can give you to make you comfortable.



Your doctor may give you some medicine before the operation to help you relax.

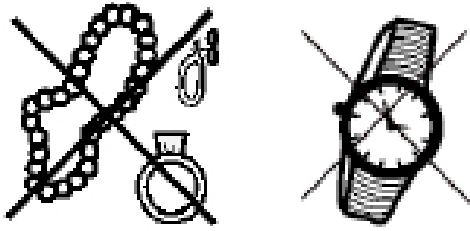


For most anaesthetics you will need a drip put in your vein. To do this we use a needle to put a plastic tube into your vein.



You can have some cream put on your skin which numbs the area.

## When it is your turn for your operation



If possible do not wear jewellery.  
It will need to be removed or taped.  
The staff on the ward will help you with this.



A family member or friend can come with you.

A member of staff will come with you too.



You might go to theatre on a bed or trolley, or you might walk.

## When you get to theatres



Theatre staff will stick pads on your chest, put a soft clip on your finger and take your blood pressure.



The doctor will then give you your medicine through your drip to make you sleepy.



Sometimes the doctor may make you sleep by breathing gas through a mask.  
The doctor stays with you throughout your operation.

## When you wake up



You will be taken to the recovery room where you will be looked after by recovery nurses.



They will make sure you are comfortable and give you medicines if you feel sick or have pain.



When they are happy you are comfortable, the ward nurse will come and collect you and take you back to the ward.

If you have any comments about this leaflet or the service you have received you can contact :



Anaesthetic Department  
Huddersfield Royal Infirmary  
Lindley  
Huddersfield  
HD3 3EA

Telephone No. (01484) 342000

or

Matron Lead for Learning Disabilities  
Huddersfield Royal Infirmary, Via Switchboard  
Telephone No. (01484) 355741



[www.cht.nhs.uk](http://www.cht.nhs.uk)

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

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برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

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المذكور أعلاه"